



## Liability Release and Waiver

Please be advised that any activity at Shamrock Wellness Services Ltd. (Shamrock Counselling) whether volunteering, participating in group therapy, workshops, personal development, riding lessons, individual therapy or other, have risks both physically and emotionally. These includes, but is not limited to;

- injury from the natural surroundings
- injury from the horses
- emotional awareness/insight/challenges
- physical strain from walking, lifting, carrying ect.
- unpredictable behaviour from animals

Any person working at Shamrock will take all precautions to prevent any safety issue, however we cannot guarantee this as there are living creatures with their own ways of being. Knowing these risks one must carefully consider if the services offered at Shamrock is a right fit.

I, \_\_\_\_\_, have been given the opportunity to explore whether services are potentially a good for myself and I have read, understood, and inquired about any concerns I have about the process including issues of safety.

I acknowledge the risks and potential for risk of interacting and being around horses. However, I feel that the possible benefits to myself are greater than the risks assumed. At any time that I do not feel safe or have hesitations, I know I can choose to stop activities and this will be honoured without any repercussions to the therapeutic relationships.

Therefore, I agree that there will be no action taken against Shamrock Wellness Services, its associates or volunteers for any physical or emotional injuries.

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent or Guardian signature \_\_\_\_\_ Date \_\_\_\_\_

Counsellor Signature \_\_\_\_\_ Date \_\_\_\_\_